

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Blondeel Nathalie

Coaches: Collard Nicolas

Coaches: Gueret Aurore HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 50M FREESTYLE MEN			Heat:2, starttime: 09:40
Heat: 2/8 Lane : 5 Athlete: DA CONCEICAO SOUSA LUIS GABRIE			Q-time: 00:24:71
PB (25m pool): 24.71 Mons 28 Jun 2025			PB (50m pool): 25.93 SB:
PB	2 5 M	5 0 M	
		24.71	
	24.71		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN			Heat:3, starttime: 09:40
Heat: 3/8 Lane : 1 Athlete: MORIAU THIBAUT			Q-time: 00:24:50
PB (25m pool): 24.06 Braine-l'Alleud 24 Jul 2021			PB (50m pool): 24.64 SB:
PB	2 5 M	5 0 M	
		24.06	
	24.06		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN			Heat:8, starttime: 09:45
Heat: 8/8 Lane : 7 Athlete: HALAICHUK IVAN			Q-time: 00:23:45
PB (25m pool): 23.45 Gent (BEL) 9 Nov 2024			PB (50m pool): 24.29 SB:
PB	2 5 M	5 0 M	
		23.45	
	23.45		
			

Coach feedback:

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: CNSW

Event number: 7: 100M MEDLEY WOMEN					Heat:2, starttime: 10:15
Heat: 2/6 Lane : 4 Athlete: SCHOEMANS STÉPHANIE					Q-time: 01:08:60
PB (25m pool): 1:07.99 Brugge 13 Nov 2016					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.02		1:07.99	
	31.2		36.97		
					

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN							Heat:2, starttime: 10:25	
Heat: 2/4 Lane : 8 Athlete: SFAR MEHDI							Q-time: 02:14:61	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN							Heat:3, starttime: 10:25	
Heat: 3/4 Lane : 2 Athlete: MACHALE LIAM							Q-time: 02:10:31	
PB (25m pool): 2:10.31 Gent 11 Nov 2024				PB (50m pool): 2:16.29 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		30.54		1:03.44		1:36.83		2:10.31
	30.54		32.90		33.39		33.48	
								

Coach feedback:

Event number: 9: 200M BUTTERFLY WOMEN							Heat:2, starttime: 10:35	
Heat: 2/3 Lane : 2 Athlete: XENOU VIRGINIA							Q-time: 02:29:76	
PB (25m pool): 2:29.76 Leuven 24 Nov 2024				PB (50m pool): 2:33.57 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		33.36		1:10.90		1:51.19		2:29.76
	33.36		37.54		40.29		38.57	
								

Coach feedback:

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: CNSW

Event number: 10: 100M BUTTERFLY MEN					Heat:1, starttime: 10:45
Heat: 1/6 Lane : 3 Athlete: COQUILLAT DORIAN					Q-time: 01:00:33
PB (25m pool): 1:00.59 Gent 9 Nov 2024					PB (50m pool): 1:00.33 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.67		1:00.59	
	27.67		32.92		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN					Heat:3, starttime: 10:45
Heat: 3/6 Lane : 5 Athlete: MORIAU THIBAUT					Q-time: 00:58:02
PB (25m pool): 56.22 Sint Amandsberg 10 Nov 2019					PB (50m pool): 57.09 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.25		56.22	
	26.25		29.97		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN					Heat:4, starttime: 10:50
Heat: 4/6 Lane : 5 Athlete: DU BOIS DE VROYLANDE HAROLD					Q-time: 00:55:14
PB (25m pool): 55.14 Gent 9 Nov 2024					PB (50m pool): 57.72 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.60		55.14	
	25.60		29.54		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN					Heat:6, starttime: 10:50
Heat: 6/6 Lane : 8 Athlete: DEMAJ VALDRIM					Q-time: 00:57:80
PB (25m pool): 57.22 Sint-Niklaas 26 Jul 2022					PB (50m pool): 57.92 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.08		57.22	
	26.08		31.14		
					

Coach feedback:

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Event number: 11: 50M FREESTYLE WOMEN							Heat:1, starttime: 10:55	
Heat: 1/7 Lane : 3 Athlete: SCHOEMANS STÉPHANIE							Q-time: 00:28:19	
PB (25m pool): 27.87 Mons 24 Mar 2018							PB (50m pool): 28.57 SB:	
	2 5 M		5 0 M					
PB			27.87					
	27.87							
								

Coach feedback:

Event number: 13: 4x50M MEDLEY MIXED				Heat:1, starttime: 11:00			
Heat: 1/2 Lane : 5 Athlete: TEAM CNSW 1				Q-time: 01:57:09			
PB (25m pool):				PB (50m pool): No time SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback: